

Thank you to our sponsors:



Timing is brought to you by:



**DIRECTIONS
to
Les Myers Park**

From I-85. Go Southeast on Dale Earnhardt Boulevard toward Copperfield Boulevard. Stay straight onto Copperfield Boulevard. Turn left onto Highway 3/ Branchview Drive.NE. Turn right onto Lawndale Avenue.
Les Myers Park is on your left.

Mail completed entry form with fee to:

**Concord Parks and Recreation
Department
P. O. Box 308
Concord, NC 28026**

For more information,
please contact Ryan Jones at the
Concord Parks and Recreation
Department at 704-920-5619.



10K United Way Run for Life

5k and 10k RUN FOR LIFE



United Way

November 6, 2010

Fun Run at 8:00 a.m.
5K and 10K at 8:30 a.m.



NEW LOCATION

**Les Myers Park
338 Lawndale Avenue
Concord, NC 28026
704-920-5619**



Date and Time:

Saturday, November 6, 2010

Registration at 7:00 a.m.

Fun Run at 8:00 a.m.

5k and 10k starts at 8:30 a.m.

RACE DAY REGISTRATION LOCATION:

Paul's Kitchen

Les Myers Park

338 Lawndale Avenue

Concord, NC 28026

REGISTRATION BEGINS 1/4/10

Fun Run

Free registration. Registration is required.

5k

Pre-Registration—\$12.00

Registration after 10/25/10—\$15.00

10k

Pre-Registration—\$20.00

Registration after 10/25/10—\$25.00

T-Shirts guaranteed to the first 150 registered participants.

Proceeds benefit United Way of the Carolinas

PARKING:

Parking will be available at the Lower and Upper Level parking lots at Les Myers Park.

**Online Registration available at
www.concordparksandrec.org**



AWARDS/AGE GROUPS:

Awards given for first, second and third place in each category:

Overall:

Overall first, second and third place male and female winners. Overall winners will not be eligible for age category awards.

Age Categories:

14 and under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75+; Male Stroller; Female Stroller.

Bravest/Finest/Fastest Award:

A special award will be given to the fastest male and female Firefighter, Police Officer or EMS personnel.

Awards will be presented at Paul's Kitchen at Les Myers Park

COURSE INFORMATION:

USTA&F Certified Course

The *start* and *finish* line is at Les Myers Park Located at 338 Lawndale Avenue. Both races will run along the McEachern Greenway and new Downtown Connector Greenway.

5k Course Directions:

Start at the Lower Level Parking Lot of Les Myers Park
Turn right onto Lawndale Avenue
Turn left onto the McEachern Greenway
Turn around on the Downtown Connector Greenway
Finish at Lower Level Parking Lot of Les Myers Park

10K Course Directions:

Start at Les Myers Parking Lot of Les Myers Park
Turn right onto Lawndale Avenue
Turn left onto the McEachern Greenway*

*Rest of course to be determined

*Map coming soon

10K United Way Run for Life Entry Form Mail to: Concord Parks & Recreation, PO Box 308, Concord, NC 28026

Make checks payable to: City of Concord

First Name _____ MI _____ Last Name _____

Male/Female (circle) Age _____ Birthdate _____ / _____ Firefighter, Police officer or EMS (circle if applies)

Age Category (circle one) 14 & under 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+

Race Category (circle): 5k 10k Stroller(circle only if applies): Male Female

Shirt Size (circle) Adult Sizes: S M L XL XXL

Telephone _____ E-mail _____

Mailing Address _____

City _____ State _____ Zip _____

Entry Fee	\$	_____
Donation	\$	_____
TOTAL	\$	_____

In consideration of my application being accepted, I accept any risks of participation and agree to hold harmless the City of Concord and its employees and all sponsors, directors, employees, agents or any other individuals associated with this event, including volunteers assisting with traffic on the course. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event. I state that I do not object should my name or picture be used in connection with any public account of this event.

Signature (parent/guardian if under 18) _____

Date _____